

# Functional Overload-Induced Muscle Hypertrophy and Glucose Uptake Occurs Independent of Glucose Transporter 4

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## INTRODUCTION

Functional overload induces a number of adaptations in skeletal muscle that are similar to resistance exercise training, including muscle hypertrophy and glucose uptake. While numerous studies have investigated the molecular/cellular mechanisms underlying overload-induced muscle growth, little is known regarding the mechanism(s) underlying overload-induced glucose uptake.

**Aim 1: Determine whether overload-induced skeletal muscle glucose uptake is muscle fiber type dependent.**

### METHODS/RESULTS:

Female CD-1 mice underwent unilateral synergist ablation surgery to induce functional overload of the plantaris or soleus muscle. After 5 days muscles were weighed, and then incubated in [<sup>3</sup>H]-2-deoxyglucose to assess glucose uptake.

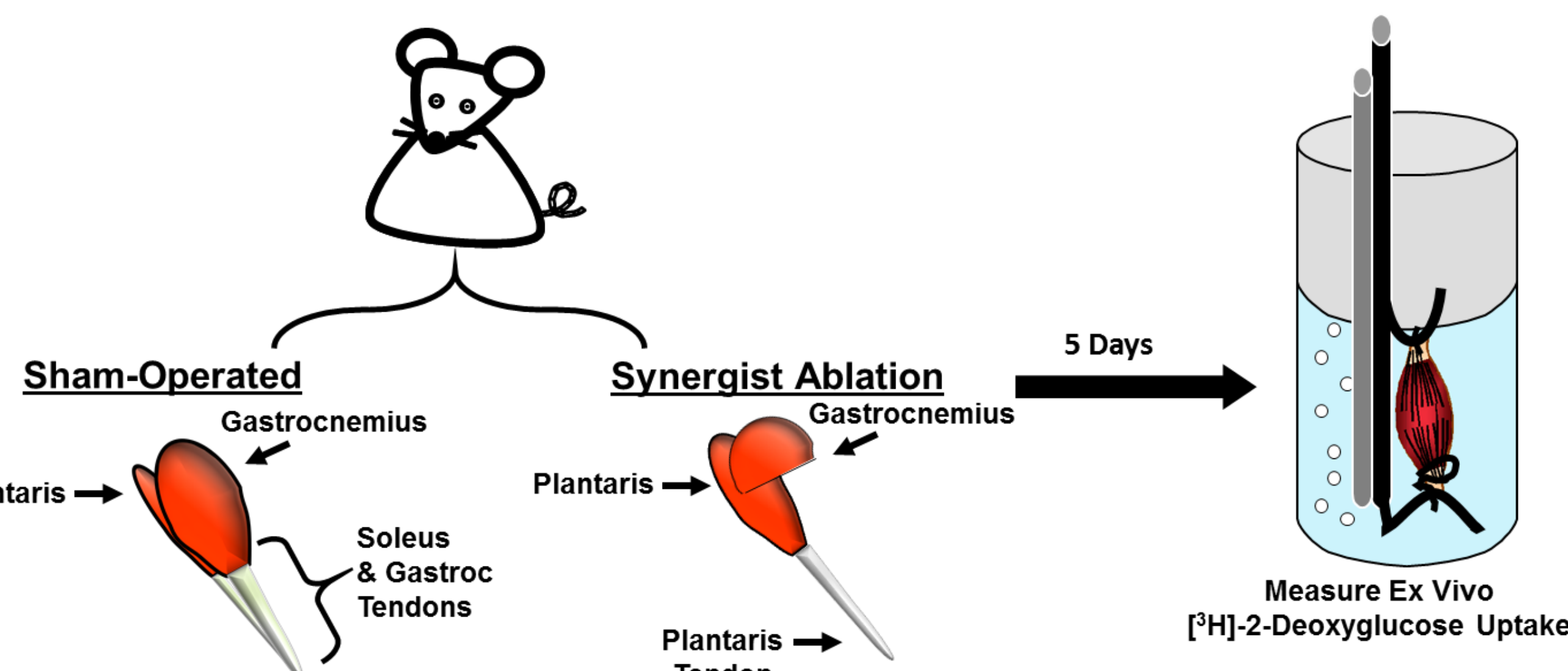


Fig 1. Model of Unilateral Synergist Ablation Surgery and Ex Vivo Skeletal Muscle Glucose Uptake.

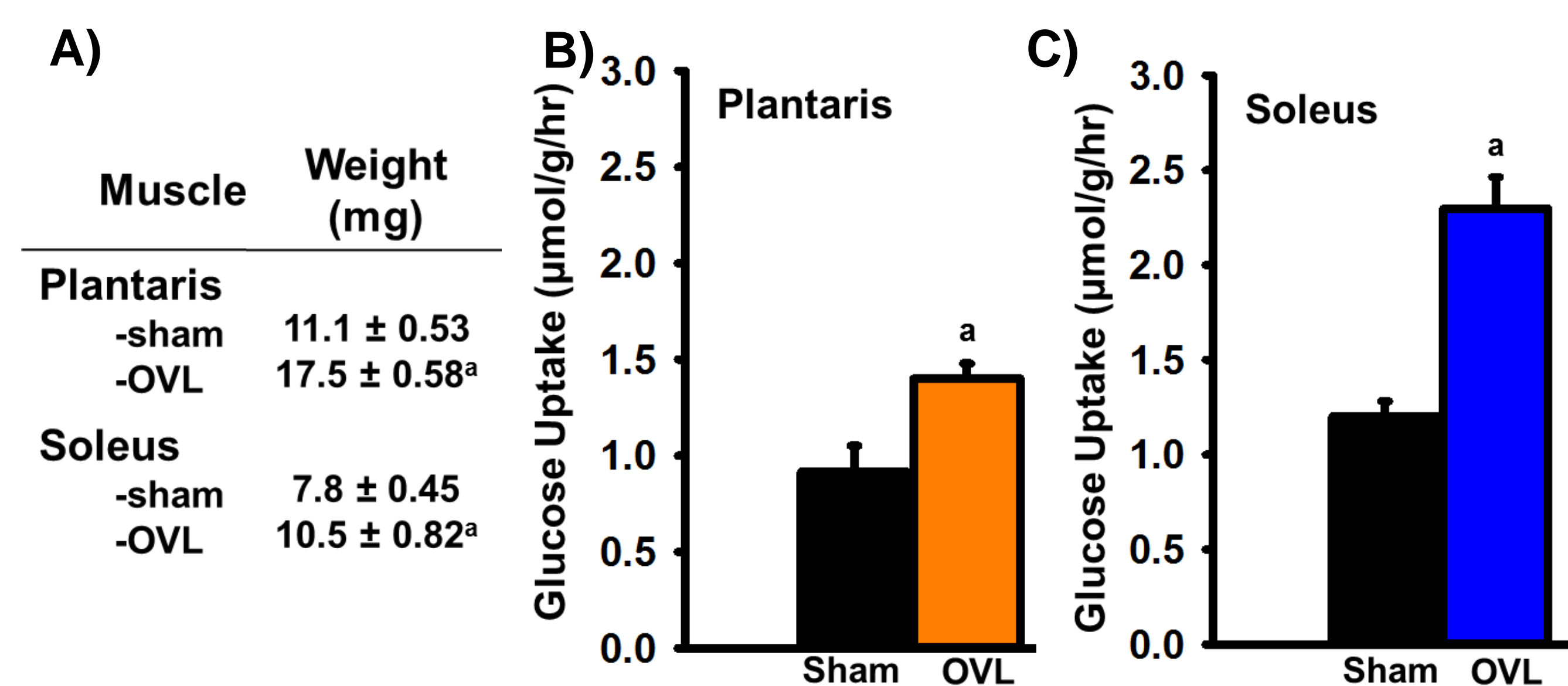


Fig 2. Overload-induced glucose uptake occurs independent of muscle fiber type. (A) Muscle weights in the sham and overloaded (OVL) conditions. Overload-induced [<sup>3</sup>H]-2-deoxy-D-glucose uptake in (B) plantaris and (C) soleus muscles (P<0.05 = 'a' vs sham. N= 4-6 muscle/group.)

**Aim 2: Determine whether GLUT4 regulates overload-induced skeletal muscle glucose uptake.**

Glucose transporter 4 (GLUT4) is the predominant glucose transporter in muscle and mediates muscle glucose uptake in response to insulin and muscle contraction (Zisman et al., Nat Med. 6:924-8, 2000). However, its role in overload-induced glucose uptake is currently unknown.

### METHODS/RESULTS:

GLUT4 LoxP mice (donated by Dr. B. Kahn) were bred to muscle creatine kinase Cre recombinase mice to produce wild-type (WT)/control (CON; Cre+, LOXP+), muscle specific GLUT4 heterozygous (mGLUT4HET), and muscle specific GLUT4 knockout (mGLUT4KO). Plantaris overload was induced by unilateral synergist ablation, and [<sup>3</sup>H]-2-deoxyglucose uptake was assessed 5 days later.

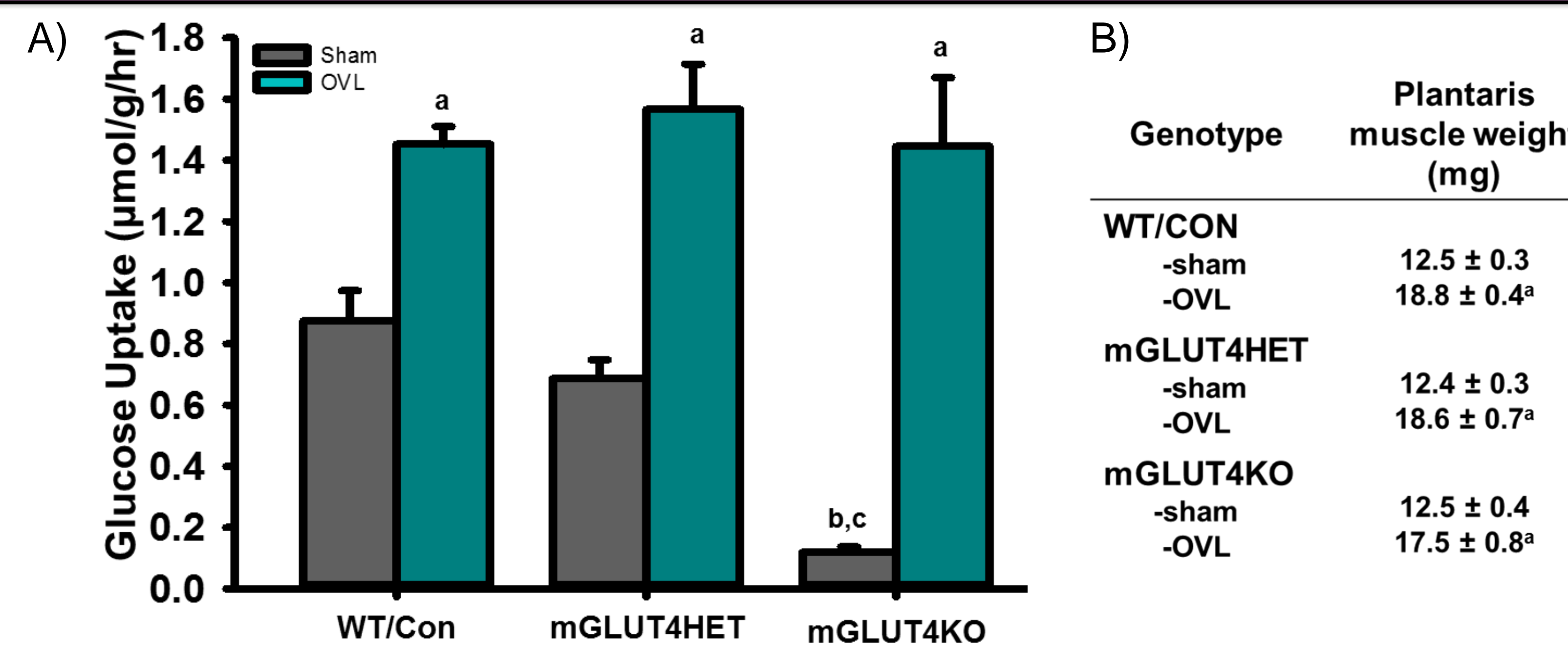


Fig 3. GLUT4 does not mediate overload-induced muscle glucose uptake. Sham muscle glucose uptake was impaired in the mGLUT4KO and mGLUT4HET compared to the WT/CON mice. (A) Muscle glucose uptake. (B) Plantaris muscle weight. (OVL = Overload) (a = P<0.05 vs Sham, b = P<0.05 vs WT/Con, c = P<0.05 vs mGLUT4HET).

**Aim 3: Determine which transporter mediates overload-induced glucose uptake.**

Skeletal muscle expresses both facilitative glucose transporters (GLUTs) and sodium-dependent glucose co-transporters (SGLTs).

### METHODS/RESULTS:

Transporter Inhibition: [<sup>3</sup>H]-2-deoxyglucose uptake assessed in the presence of the SGLT inhibitor, phloridzin or the GLUT inhibitor, cytochalasin B in 5 day overload-stimulated plantaris muscles from CD-1 female mice.

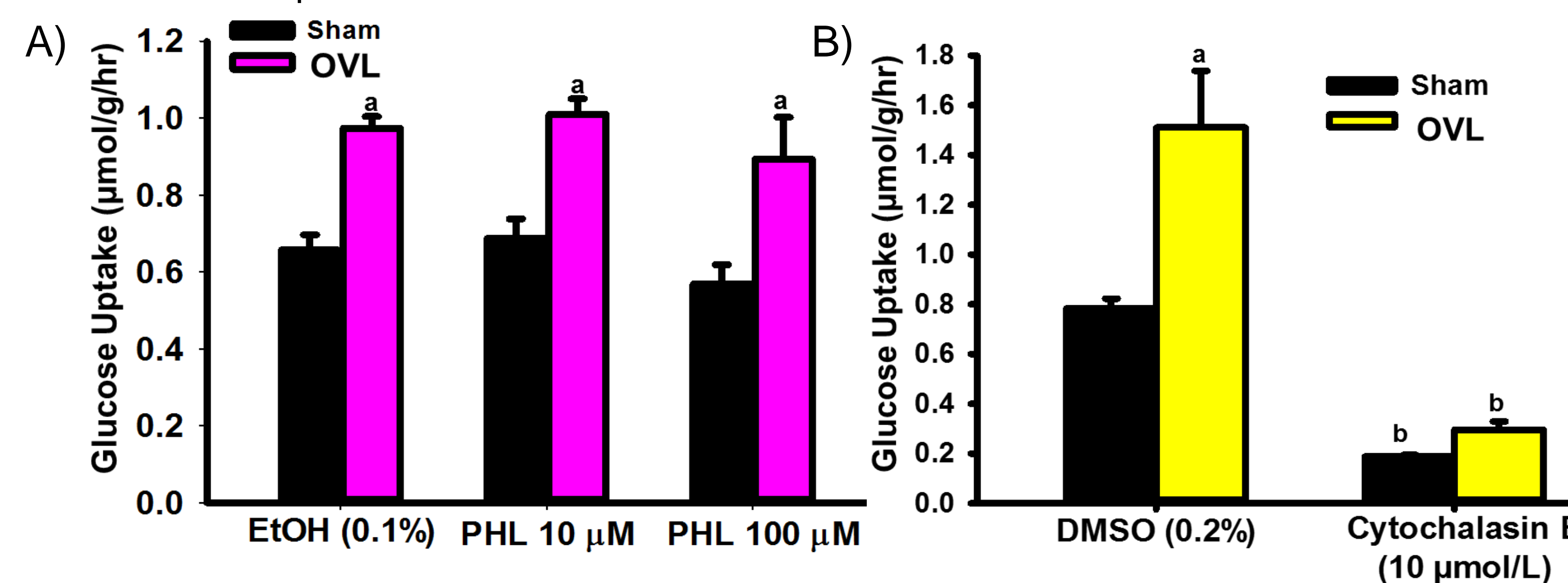


Fig 4. Overload-induced glucose uptake is dependent on a GLUT transporter. Muscle [<sup>3</sup>H]-2-deoxyglucose uptake in the presence of (A) phloridzin (PHL) or (B) cytochalasin B (P<0.05 = 'a' vs sham, 'b' vs vehicle (either DMSO or EtOH). N=4-6 muscles/group.

To determine which GLUT isoform(s) is/are contributing to functional overload-induced muscle glucose uptake hexose competition assays were performed.

### METHODS/RESULTS:

Hexose Competition: CD-1 female mice underwent unilateral synergist ablation surgery to induce plantaris muscle hypertrophy. After 5 days, ex vivo muscle [<sup>3</sup>H]-2-deoxy-D-glucose uptake was assessed in the presence of 35 mM L-glucose, D-glucose, or D-fructose.

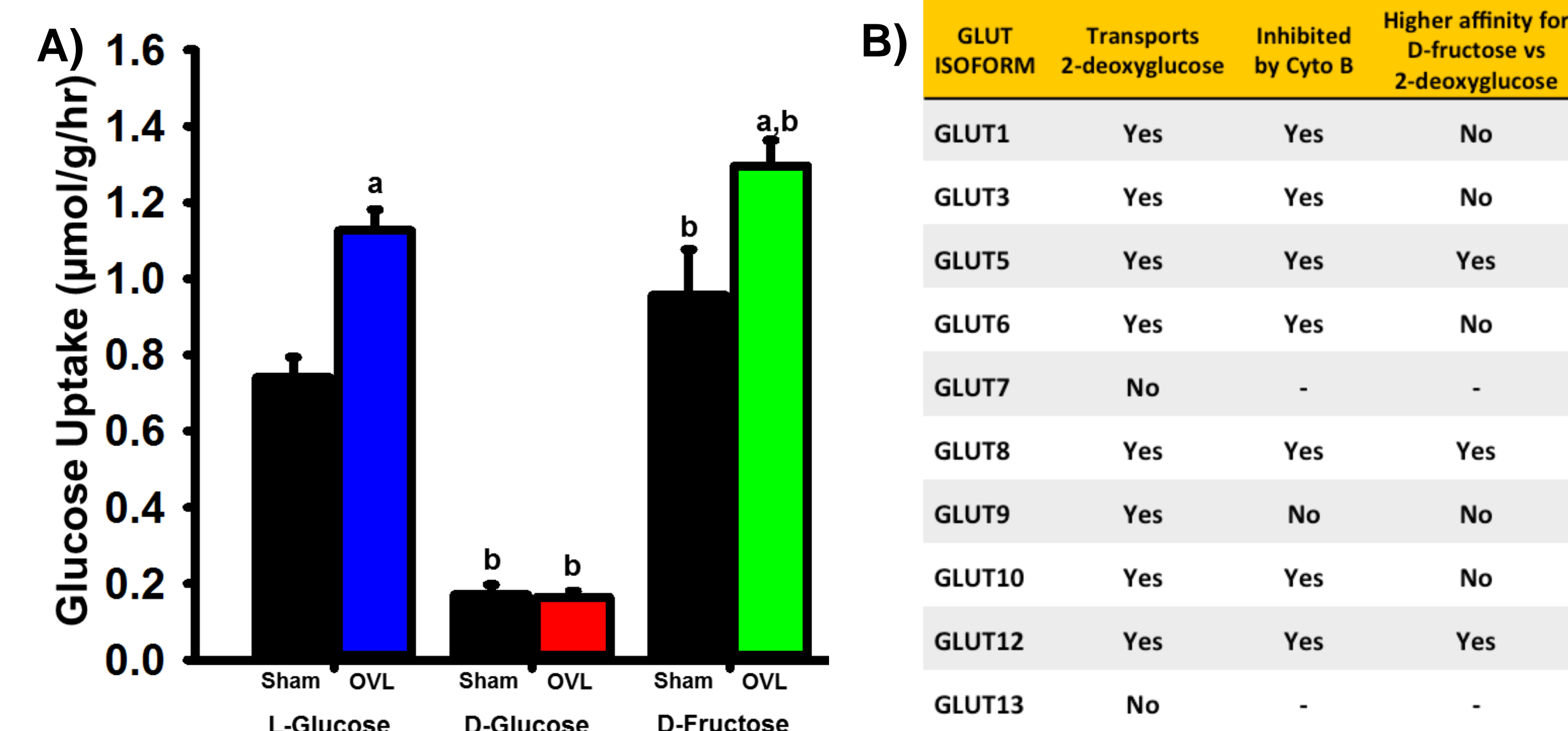


Fig 5. Overload-induced muscle glucose uptake is dependent on a GLUT(s) which transports D-glucose and has a low affinity for D-fructose. (A) Hexose competition. (B) GLUT isoforms that are in the mouse skeletal muscle and their substrate affinity characteristics. (P<0.05 = 'a' vs sham, 'b' vs L-glucose) N=4-6 muscles/group.

### METHODS/RESULTS:

GLUT transporter protein expression was examined in the following conditions: •Female wild-type mice underwent unilateral synergist ablation surgery to induce plantaris muscle hypertrophy. After 1, 3, or 5 days, muscles were processed to assess GLUT isoforms protein expression by immunoblot (IB) analysis.

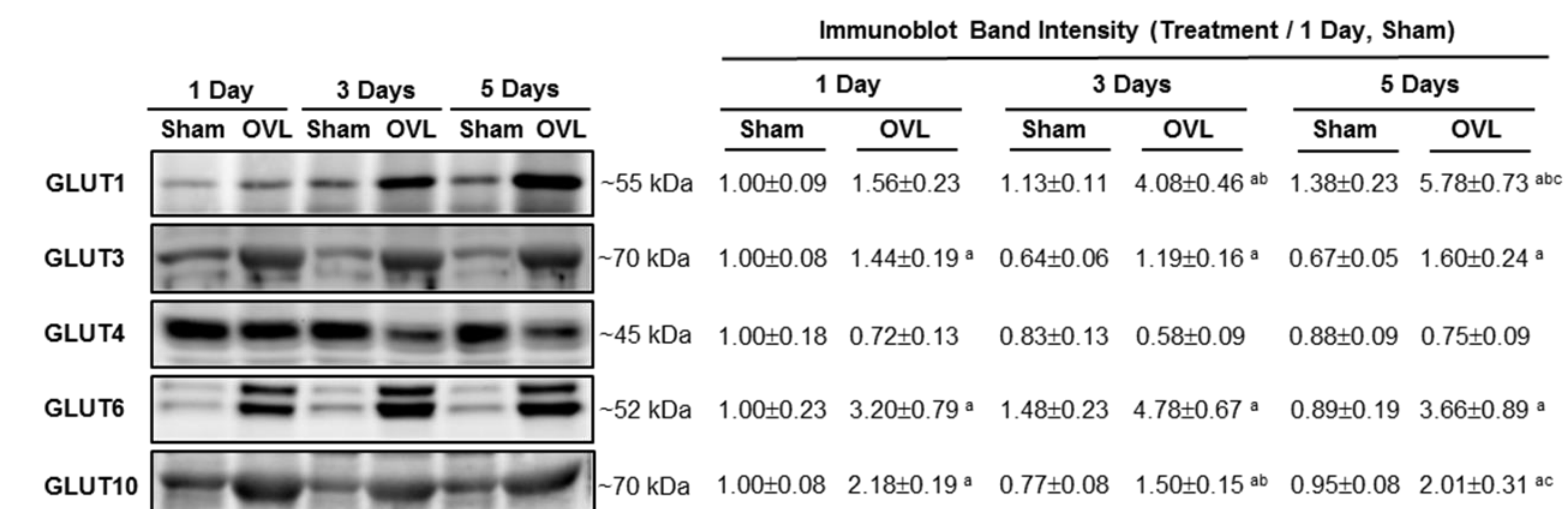


Fig 6. Overload increased GLUT1, GLUT3, GLUT6 and GLUT10 protein expression in wild type mice. Representative blots and quantification provided above. Statistical significance was defined as P<0.05 and denoted by 'a' vs sham, 'b' vs 1 Day, 'c' vs 3 Days. N=6-7 muscles/group.

### METHODS/RESULTS:

Female wild-type/control (WT/CON), muscle-specific GLUT4 heterozygous (mGLUT4 HET), and muscle-specific GLUT4 knockout (mGLUT4 KO) mice underwent unilateral synergist ablation surgery to induce plantaris muscle hypertrophy. After 5 days, muscles were processed to assess GLUT isoform protein levels by immunoblot (IB) analysis.

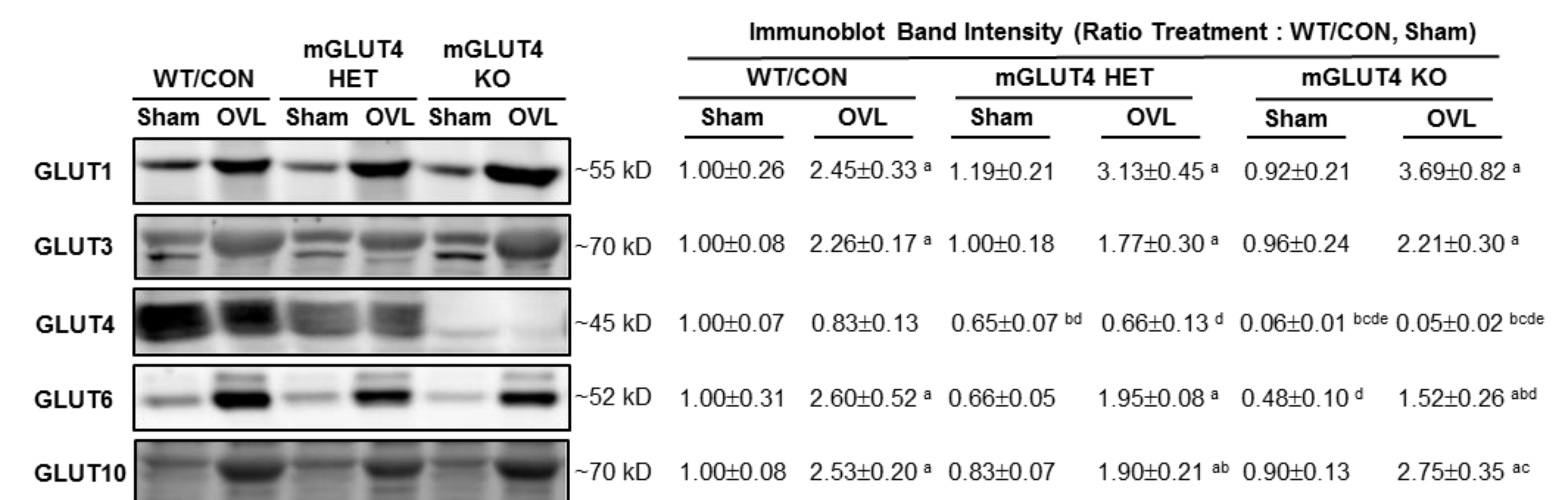


Fig 7. GLUT1, GLUT3, GLUT6, and GLUT10 protein expression increases following 5 days of functional overload in mice with muscle-specific loss of GLUT4. Statistical significance was defined as P<0.05 and denoted by 'a' vs sham, 'b' vs WT/CON, 'c' vs mGLUT4 HET, 'd' genotype main effect vs WT/CON, 'e' genotype main effect vs mGLUT4 HET. N=5-7 muscles/group.

## Summary

Overload increases glucose uptake in both mouse soleus and plantaris muscle (i.e. independent of muscle fiber type).

Glucose transporter 4 (GLUT4) is not required for overload-induced muscle glucose uptake.

Overload-induced muscle glucose uptake is mediated by a facilitated glucose transporter isoform (GLUT) that has a higher affinity for D-glucose and a lower affinity for L-glucose and D-fructose compared to 2-deoxy-D-glucose.

GLUT1, GLUT3, GLUT6, and GLUT10 protein levels increase following overload in WT/CON and mGLUT4KO mice.

## Conclusion

GLUT1, GLUT3, GLUT6 and/or GLUT10, are responsible for skeletal muscle glucose uptake in response to chronic muscle loading.

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