MENTORING IN NURSING EDUCATION: AN INTEGRATIVE LITERATURE REVIEW

by

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A Senior Honors Project Presented to the

Honors College

East Carolina University

In Partial Fulfillment of the

Requirements for

Graduation with Honors

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May 2022

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Abstract

Background: The nursing shortage is partly the result of the scarcity of nurse educators. To provide patients with competent, confident nurses that received quality education, having an adequate team of nurse educators is essential. To retain nurse educators and attract novice nurse educators, mentorship programs used in nursing education must be identified and utilized.

Aim: The purpose of this integrative literature review is to identify and analyze mentorship programs used in nursing academia.

Methods: A literature search was conducted by searching online databases including PubMed, Science Direct, CINHAL, and gray literature. Study quality was assessed prior to inclusion using the Joanna Briggs Institute Critical Appraisal Tools checklist for quantitative and qualitative research. Findings from the studies were analyzed and categorized into themes, and a synthesis of conclusions from each of them was presented as an integrated summation of the topic.

Results: Seventeen studies were included in this review from 3,047 articles that were retrieved in the initial search. Themes identified include informal mentorship with colleagues, implementing a program, communication and support, mentorship structure and planning, and formation of the mentoring relationship.

Conclusion: After reviewing the literature, it is evident that few structured mentorship programs have been utilized and tested. Informal mentorship is commonly used in academia; however, novice nurse educators would most benefit from a structured and institutionally supported formal mentoring program.

Background

There are large numbers of applicants to nursing programs across the country; however, a multitude of applicants are rejected due to there not being enough nurse educators to provide them with the quality education they need. In fact, over 50% of nursing schools admit that the reason they deny applicants is because of this nurse educator shortage (American Association of Colleges of Nursing, 2021). Between 2016 and 2017, there was a need for 839 nurse educators in the United States; however, there were no nurses available to take these seats. Concerningly, these empty seats will increase as current nurse educators retire, for it is predicted that 20% of nurse educators will be at retirement age by 2030 (South New Hampshire University, 2020). There are several reasons why so few nurses desire to become instructors, and this is often the result of insignificant pay, little societal respect for the career, and the requirement of at least a master's degree (Meinke, 2020). Due to the lack of components to entice nurses to fill the educator role, beneficial aspects must be included in the career, including mentorship to foster the individual who chooses to embark on such a necessary career journey. Unfortunately, the problem is not only the shortage of nurses applying to become nurse educators, but these educators are often not retained due to not having the community necessary in their career to help them flourish. To retain these nurse educators and attract new nursing educators, several mentoring programs, both formal and informal, have been initiated to foster nurses in their new teaching roles. Although mentorship is an effective technique, some aspects of mentorship may be more beneficial than others. The purpose of this integrative literature review is to analyze existing nurse educator mentorship programs and identify the best practices used in nursing academia.

Methods

The methodology of Whittemore and Knafl (2005) was utilized when searching for, identifying, and evaluating the literature. Following this framework allows for a step-by-step approach to analyzing the data. The components include problem identification, literature search, data evaluation, and data analysis. Data will be extracted from primary sources and synthesized. The manuscript follows Preferred Reporting Items for Systematic reviews and Meta-analyses (PRISMA) to provide transparency in the search strategy and methods used. A PRISMA flowchart is presented as well (Figure 1). The search strategies were collaboratively developed by all authors (MH, KM), including a university liaison librarian (CF), and subsequently applied across databases by the librarian (CF).

The research question produced three concept groups that were used to locate key words, MeSH (medical subject headings) terms, and controlled vocabulary in the databases. The primary concept terms used were: "mentor" and "faculty" and "nursing." The search strategy was initially constructed in PubMed and subsequently mapped to the syntax of the other databases used (Scopus and Nursing & Allied Health – ProQuest). All searches are provided in the appendix.

Inclusion criteria included nursing faculty programs, mentorship for nursing faculty, support for nursing faculty. Quantitative, qualitative, and mixed method studies were all acceptable based on the inclusion criteria. Studies that were excluded from this paper included those that studied hospital nursing, non-academic nurses, clinical nurses, and nursing students. Excluded also were studies that included treatments and those not in the English language.

The liaison librarian (CF) conducted the search based on the search strategies developed by the authors. The search was subsequently mapped to the controlled vocabulary and syntax for the remaining databases. The latest search was completed on September 8, 2021. The search produced a total of 4,090 records. Duplicates were manually removed in EndNote and subsequently loaded into Covidence, which identified additional duplicates not caught during the manual screening process (in Endnote). After duplicates (n=1043) were removed, 3047 records remained for the title/abstract screening. During the initial title and abstract screening, conducted by two independent reviewers (MP, CK) (with a third independent reviewer (CF) making final decisions on conflicts), 2723 records were determined as irrelevant based on inclusion and exclusion criteria. Seventy-one records were screened during the full-text screening, which was also conducted by two independent reviewers (MP, CK). Seventeen records met all eligibility criteria and were included in the review. The search process is also illustrated in the PRISMA chart.

Study quality was assessed prior to inclusion using the Joanna Briggs Institute Critical Appraisal Tools checklist for quantitative and qualitative research. The articles were assessed by the quality assessment criteria and each criterion was assessed as being met, not met, or was unclear or not applicable. All 17 studies passed the quality criteria.

All articles were thoroughly reviewed by the two authors (KM and MH) prior to data extraction and synthesis. All articles were compared, and consistent topics emerged throughout all studies. Topics were analyzed and five themes emerged from the data.

Results

The literature search generated a total of 4,090 articles to be reviewed. After comparing articles to the inclusion and exclusion criteria, 17 studies were found to be relevant to best mentorship practices for new nurse educators (Table 1). Of the studies used in this integrative review, ten were qualitative, four were quantitative, and three were mixed method studies. The articles utilized for the literature review had participants ranging from 7 to 206 and articles ranging from 8 to 94 publications. Through analysis of the 17 studies, five themes emerged: Formation of the mentoring relationship, implementing a program, mentorship structure and planning, communication and support within the mentoring relationship, and informal mentorship with colleagues.

Informal Mentorship with Colleagues

Whether a formal mentorship program is present or not, new nurses in academia often seek experienced colleagues to develop beneficial relationships. To become part of the faculty community, finding experienced peers allows new instructors to gain a foothold into a cohort of experts with vast knowledge of nursing education (Jeffers & Mariani, 2017). These informal relationships not only provide support, but this open communication between peers reduced isolated feelings often experienced when embarking on a new career (Nowell et al., 2017). New faculty had more opportunities to attend professional events, engage in academic pursuits, and network with esteemed professionals they would not have met otherwise (Miner, 2019; Ortiz, 2021). However, the new educators not in a formal mentorship program desired more structure in their peer relationship (Brody et al., 2016; Cooley & De Gagne, 2016). Nevertheless, they desired to maintain the informal, relaxed nature of informal mentorship (Brody et al., 2016).

Implementing a Program

Despite the impact of informal mentorship, a structured, formal program provides the most benefit to new nurse educators. Not only are they the most beneficial in the career transition, but the existence of a mentorship program is often a major influence in a new educator's decision to begin working at a particular institution (Shapiro, 2018). New nurses in academia often seek this supportive environment due to the decreased "role conflict and role ambiguity" as experienced by educators not in a mentoring program (Dahlke et al., 2021). The formation of such a program includes critical components to guarantee its success. Institutional support including workshops and trainings to prepare mentors as well as monetary support for necessary resources (Agger et al., 2017; Gentry & Johnson, 2019). Proper mentor training allows for optimal comprehension of expectations and more accurate self-reflection of the mentor (Ephraim, 2021). Formal orientation and program design must be organized and communicated to provide mentors and mentees an understanding of the program and their next steps in their professional relationship (Shapiro, 2018). Additionally, orientation should be provided for mentees as well as agreed upon contracts between the mentee and mentor (Swanson et al., 2017). The transition into the role of nurse educator can take up to three years, so it is essential that the aforementioned steps are implemented to allow for a smooth, effective, long-term mentoring relationship (Logan et al., 2015).

Mentorship Structure and Planning

To allow for efficient professional development of the mentee, structure and planning must be implemented. It is known that a lack of time is a significant barrier to an effective mentoring relationship, so scheduling uninterrupted, planned meeting times allows for sufficient opportunities for communication and guidance that would otherwise be neglected (Grassley et

al., 2020; Swanson et al., 2017). Once communication is established, the expectations the mentor and mentee have for one another should be discussed (Mokel et al., 2021). This allows a time for the mentor to assess the mentee's interests and determine how they can best support their mentee and their foreseeable needs (Nowell et al., 2017). To ensure these expectations are fulfilled, existing mentoring models from other institutions can be reviewed to implement a plan that best fits the two individuals (Shapiro, 2018). The mentoring plan should include challenging goals inside and outside of the classroom that the mentor will help the mentee achieve. Selective meetings should be planned in which the mentee and mentor discuss progress in reaching these goals, self-reflect on achievements, and discuss possible ways the relationship can be improved (Cullen, 2017). Through this implemented structure and planning for the mentorship, expectations and goals are abundantly more likely to be achieved.

Communication and Support Within the Mentoring Relationship

Concerningly, new nurse educators without guidance are at risk for relating more with their pupils than with their colleagues (Logan et al., 2015). Therefore, conversation between the mentee and mentor is critical to foster a bond, understanding, and support in a new, potentially intimidating atmosphere for the new nurse educator (Cullen, 2017). Open communication is the most influential factor in promoting this relationship (Swanson et al., 2017). In fact, research has shown that a lack of communication and understanding negatively influenced the mentee's transition to nursing academia and has been known to result in the mentee's departure from the education field of nursing (Ephraim, 2021). Therefore, having a confidant to go to with concerns, questions, and topics for discussion is crucial to promote the confidence and advancement of the mentee (Swanson et al., 2017). This communication also allows opportunity for feedback, for

studies have shown that mentees are eager for commentary on their work so they can continue to improve in their craft (Shapiro, 2018).

Formation of the Mentoring Relationship

Four interpersonal components to cultivate the mentoring relationship are trust, vulnerability, respect, and diversity. In one study, trust between and mentor and mentee was rated as the most important factor in the mentoring relationship (Gentry & Johnson, 2019). Without trust in the relationship, mentees may not be as willing to be direct about their aspirations, thereby resulting in expectations in the relationship not being realized or fulfilled (Ephraim, 2021). A trusting relationship increases the likelihood that the mentee will be vulnerable and open with the mentor about their concerns, fears, or discomforts in their new role. This vulnerability allows the mentor to better understand the needs of the mentee (Ortiz, 2021). This vulnerable, trusting relationship grows from the reciprocated respect between the two mentorship participants (Cullen, 2017). Afterall, an intimidating mentor without respect for the mentee will prevent the comfort the mentee needs to express themselves (Agger et al., 2017). Part of the comfort in a mentoring relationship comes from mentors and mentees being paired due to their commonalities. A diverse faculty allows more opportunity for a pairing of individuals with similar goals and interests which increases satisfaction in the pairing (Brody et al., 2016; Gentry & Johnson, 2019). This selective matching allows for better alignment in aspirations between mentor and mentee. Therefore, this increase in common interests allows for greater cohesiveness in goals and aspirations of the pairing, and greater academic success results (Gentry & Johnson, 2019).

Discussion

The information discussed demonstrates the necessity for mentorship programs and the essential components of the mentoring relationship. Peer mentorship in nursing academia fosters a productive, nurturing team of nurse educators who skillfully integrate novice instructors into their new position. In fact, many mentees have emphasized support from their colleagues as the most influential component in allowing a seamless transition (Shapiro, 2018). The support shown from mentorship increases retention of educators by strongly impacting their decision to stay in the education field of nursing. This career satisfaction is the result of a structured program which results in a supportive, encouraging culture for all faculty. Therefore, administrators are strongly encouraged to implement a formal mentorship program at their respective institutions (Nowell et al., 2016). To allow this mentoring relationship to flourish, expectations and goal should be agreed upon at the initiation of the relationship. Educators have a multitude of responsibilities, so discussion on these expectations and goals and set times for communication must be agreed upon as soon as possible to ensure the relationship is prioritized (Logan et al., 2015; Mokel et al., 2021). This planning promotes a reciprocal relationship in which both the mentor and mentee are both benefited due to their dedication to the alliance (Dahlke et al., 2021). Afterall, there is always room for improvement and topics to discuss when engaged in nursing academia. This improvement not only includes what opportunities the mentee should partake in, but it also allows the mentor to avoid time-consuming, fruitless endeavors and choose activities that will better advance their career instead (Swanson et al., 2017). In fact, this reciprocal relationship often results in such a valuable union that mentees and mentors often engage and research and create publications together. As can be presumed, new nurse educators with strong mentorship engage in more scholarly activities than novice educators with no guidance in nursing academia

(Brody et al., 2016). These scholarly activities may be even further promoted when mentors and mentees with similar interests are paired together (Brody et al., 2016; Dahlke et al., 2021). The perceived trust, respect, and diversity in a mentoring relationship allows for greater collaboration in the development of the mentee and a more successful transition into academia. This sincere relationship increases vulnerability of the mentee; therefore, the mentee is more likely to go to the mentor with questions and for assistance in making decisions (Miner, 2019). Conclusively, the success of the mentee is unmistakably influenced by the relationship with their mentor.

Implications

The shortage of nurse educators and the methods to enhance their confidence in their new academic role has been discussed. The implementation of mentorship strategies will foster a sense of belonging for the educator, and they will likely further their academic growth as a mentor themselves. This production and retention of nurse educators will fill the seats of retiring educators and bring new perspectives and initiatives to nursing institutions. Therefore, this increase in nurse educators will provide the faculty necessary to expand nursing programs both academically and by increasing the number of students enrolled (Hunter, 2021). It is predicted that there will be more vacancies for registered nurses than for any other occupation throughout this year of 2022 with a total of 275,000 additional nurses needed in just this decade (Haddad et al., 2022). Therefore, the upstream approach of nurturing new nurse educators will continue down the line of improving nursing programs and bringing competent nursing professionals into the healthcare workforce.

Limitations

This integrative literature review was limited by factors such as the inclusion and exclusion criteria. Additionally, only studies in English were included. Studies were limited to

articles within the last seven years to maintain applicability to today's nursing systems; however, this limited access to older models of mentorship. Due to minimal published information on mentorship in nursing education, only 17 articles were found to be applicable for this review.

More mentorship programs need to be implemented and assessed for improvements in new nurse educator satisfaction and retention.

Conclusion

The purpose of this literature review is to identify the best practices of mentorship programs that promote the retention and job satisfaction of nurse educators. Findings from this review indicate that several factors promote the gratification and progression of new nurse educators. The multitude of components enhancing a satisfactory relationship between the mentor and mentee ultimately leads to the academic success and advancement of the new nurse educator. Based on findings from the literature, future research should prioritize the use of evidence-based program design in nurse educator mentorship programs. By crafting this seamless, supported transition, more nurses may be enticed to step into the role of nurse educator. By implementing the integral aspects of a successful new nurse educator mentorship program, there will surely be improvements in the satisfaction and retention of new nurse educators.

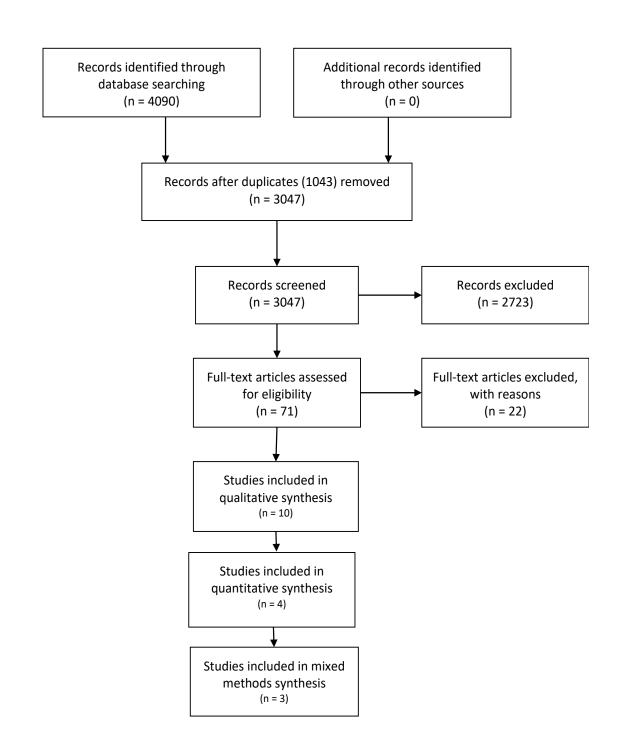
(Figure 1: PRISMA Diagram)



Screening



ncluded



(Table 1): Matrix Complete Citation: Author(s). Year. Title of Article. Journal name, Vol. (No.) pp.	Purpose	Study Design	Data Collection method	Sample & Setting (Place)	Main Findings/Results
Agger, C. A., Lynn, M. R., & Oermann, M. H. (2017). Mentoring and developme nt resources available to new doctorally prepared faculty in nursing. Nursing Education Perspectiv es, 38(4), 189–192. https://doi.	Purpose Statement: To examine "faculty mentoring practices and strategies currently in place in nursing programs."	Type of study design: Web-based survey, descriptive design	Data collection: Survey sent to stratified random sample with strata based on the types of programs, program size, location, and public or private institution. Strengths: Stratified random sampling Weaknesses: Limitations based on strata Descriptive only	Recruitment Strategy: Survey was sent to be completed. Strengths: Mail, email, and phone were all used to increase chance of contacting sample. Weaknesses: There was a lack of open-ended responses. Several individuals did not complete survey.	Significance to research: The mentoring practices for DNP and PhD teaching faculty are not differentiated. They have distinct roles and should be mentored as such. Implication to nurses: "Few programs differentiate their mentoring practices, depending on the type of doctoral education or anticipated roles of faculty member." Further research: Based on the implication listed above, more improvement is needed in creating "role- specific mentoring programs."

org/10.109 7/01.nep.0 000000000 000180					
Brody, A. A.,	Purpose	Type of study	Data collection:	Sample: 22 mentees and	Significance to research:
Edelman,	Statement:	design:	Web-based survey via	17 mentors	The mentorship program was
L., Siegel,	"The purpose of this	Web-Based Survey	Qualtrics (emails and		useful to both parties in
E. O.,	program evaluation		reminders)	Recruitment Strategy:	improving career development
Foster, V.,	was to describe the		Six questions were asked	Surveys were sent to	and networking opportunities.
Bailey, D.	experience, efficacy,		about the benefits of the	emails through	
E., Bryant,	and value of the		program.	Qualtrics.	64.7% of mentors and 72.7%
A. L., &	Peer Mentoring		Three open-ended		mentees found program
Bond, S.	Program for		questions were asked.	Strengths:	valuable or very valuable.
M. (2016).	mentees and			There was easy access	
Evaluation	mentors, as well as		Strengths:	for mentees and mentors	Combining both formal
of a peer	areas for		Reminders were sent to	to provide information.	mentorship and peer mentorship
mentoring	improvement."		complete the survey. Open-		allowed for collaboration
program			ended questions were given		resulting in significant
for early			to participants to	Weaknesses:	information shared between
career			accumulate additional info.	Only 39 of the initial 59	participants, "thus empowering
gerontologi				eligible individuals	both the mentor and the
cal nursing			Weaknesses:	responded to the survey.	mentee."
faculty and			Emails can be easily		
its			overlooked or sent to a		Implication to nurses:
potential			spam folder.		This program can be used as a
for					model for further peer
application					mentoring of nurse educators.
to other					However, both mentors and
fields in					mentees agreed that more
nursing					structure would benefit the
and Health					program.
Sciences.					
Nursing					

Outlook, 64(4), 332–338. https://doi. org/10.101 6/j.outlook. 2016.03.00				Further research: The application of a mentoring program on other nursing specialty nurse educators would be beneficial.
Cooley, S. S., & De Gagne, J. C. (2016). Transform ative experience: Developin g educator in an effort to understand the challenges of and facilitators to the development of competence in novice nursing faculty. Journal of Nursing Education, 55(2), 96–100. https://doi. org/10.392 8/0148483 4-20160114-07	Type of study design: Hermeneutic, phenomenological qualitative study	Data collection: Data collection included transcribed interviews along with participants' journal notes about their work experience day-to-day. Strengths: There were several sources from which to pull data. Weaknesses: There was an inconsistency of some interviews being in person and others being on the phone.	Sample: "A purposive sample of seven faculty teaching in a private, religious-based, 4-year college participated in the study" All participants were women and were white. Recruitment strategy: Not given Strengths: There was member checking of the data collected. Weaknesses: The sample size was very small with all participants from the same college. All participants were female and white.	"the most effective facilitators to developing teaching competence is the combination of the quality compassionate mentor to guide the novice faculty over time through an internship program for new nursing faculty" Implication to nurses: "Recognizing the conditions that favor transformative learning, which is the stimulus for an individual becoming more inclusive and considerate of others' perspectives, nursing programs with new faculty need to create environments in which transformational learning may occur." Further research: "Further study of this phenomenon should consider provisions for telephone and e-

					mail access to mentors when questions arise."
Cullen, D.,	Purpose	Type of study	Data collection:	Sample: 60 articles	Significance to research:
Shieh, C., McLennon	Statement:	design:	The librarian searched 4	Dogwitmont Studen	"Findings revealed that
, S. M.,	The purpose is "to evaluate the	Systematic review	databases (Cumulative Index to Nursing and	Recruitment Strategy: Articles were filtered	nontenure track nursing faculty require planned programs and
Pike, C.,	effectiveness of		Allied Health Literature	based on language,	mentoring strategies unique to
Hartman,	mentoring strategies		Complete, Education	duplicates, mention of	their role and abilities."
T., &	for nursing faculty		Source, Educational	higher education or	
Shah, H.	progression and		Administration Abstracts,	nursing education	Implication to nurses:
(2017).	productivity in the		and Educational Resources	programs, descriptive	"Schools of nursing can
Mentoring	nontenure track at		Information Center).	text, quantitative and	improve on faculty progression,
nontenured track	institutions of higher education"		Strengths: 1014 initial	qualitative research.	scholarship, and career growth by providing structured
nursing	Cuucation		results		mentoring activity."
faculty.			1000100		monthing detivity.
Nurse					

Educator,	Weaknesses:	Strengths:	Further research:
42(6),	The review does not	Two reviewers were	Further study of the
290–294.	indicate if articles were	used to appraise articles	"developmental relationship"
https://doi.	within the last 5yrs.	to maintain validity.	between the mentor and
org/10.109		Appraisal instruments	mentee" would be beneficial.
7/nne.0000		were utilized.	
000000000		Any inconsistencies	
394		were resolved by a 3 rd	
		reviewer.	
		Weaknesses:	
		No institutional review	
		board was mentioned.	

Dahlke, S.,	Purpose Statement:	Type of study	Data collection:	Sample:	Significance to research:
Raymond,	The purpose of this	design:	Whittemore and Knafl	8 articles	Barriers and facilitators to
C.,	study was "to find	Integrative literature	methodology		mentorship are identified.
Penconek,	and analyze studies	review		Recruitment Strategy:	Facilitators include: "open
T., &	exploring how		Databases utilized:	Inclusion and Exclusion	communication, a supportive
Swaboda,	formal mentorship		EBSCOhost, CINAHL	criteria	environment, collegiality,
N. (2021).	programs support		Plus with Full Text, Ovid,		accessibility, professional
An	new faculty in		MEDLINE, EMBASE,	Strengths:	commitment, positive past
integrative	addressing their		ERIC, Scopus	Participants in the	experiences in previous
review of	learning needs to			different studies	mentoring relationships, formal
mentoring	develop their		Strengths:	included 8 to 252	mentoring plan, openness and
novice	teaching expertise."		A reference librarian was	participants.	availability of mentors for
faculty to			consulted.		continual communication,
teach.				Weaknesses:	regularly scheduled meetings,
Journal of			Weaknesses:	Two studies did not	interpersonal relationships,
Nursing			The utilized articles dated	meet MMAT quality	positive personality traits."
Education,			back to 1999.	criteria.	
60(4), 203–					Two themes from the data
208.					include socialization to

			T-		
https://doi.o				None of the studies	academia and navigating
rg/10.3928/				included specific	mentorship.
01484834-				mentorship programs for	
20210322-				new nurse faculty	Implication to nurses:
04				members.	The author "suggests that
					administratively supported
					mentorship programs be
					implemented" to foster educator
					development.
					Further research:
					Further studies should identify
					"key components of formal or
					structured mentorship
					programs The effectiveness
					of these programs also needs to
					be further examined."
				•	
	Purpose Statement:	Type of study	Data collection:	Sample:	Significance to research:
Ephraim, N.	"This study	design:	The Principles of Adult	Full time faculty within	Mentors rated themselves as
(2021).	examined whether	Non-experimental,	Mentoring Inventory	the US, Puerto Rico, US	more effective regarding
Mentoring in	there was a	correlational design	(PAMI) instrument was	Virgin Islands, and	relationship emphasis,
nursing	relationship between		utilized. This is a 55 item	Guam	information emphasis,
education:	nurse educator	Hypothesis	survey to measure		facilitative focus, confrontive
An essential	mentor's perception	There is a	mentoring effectiveness	Convenience sampling	focus, and employee vision than
element in	of their mentoring	relationship between	based on six functions.	was used. Mentors were	their mentees rated them.
the retention	effectiveness and	the mentee's and		nurses with five or more	
of new nurse	nurse educator	mentor's perception	Surveys sent out via	years' experience as a	Implication to nurses:
faculty.	mentee's perception	of mentorship	SurveyMonkey	nurse educator.	"Providing a multi-tiered
Journal of	of their mentor's	effectiveness.			approach relieves the pressure
Professional	effectiveness."		Strengths: The survey was	Mentees were	from one person; focuses on
Nursing,			simple for participants to	experienced nurse	teaching, service, and
37(2), 306-			complete and could be		scholarship, and could be more

319. 10.1016/j.pro fnurs.2020.1 2.001	varia The m progra indivi mente compe effect Deper Varia The p percel and m	nentoring am and the idual mentor or ee and their etency and civeness.	done on their own time due to using an online survey via SurveyMonkey. Weaknesses: There are limited responses ranging from not effective to highly effective. This did not provide input from open-response questions.	educators that were new to the institution. Recruitment Strategy: 1325 letters were sent with 119 surveys being utilized in the research. Strengths: Emails with the survey allowed the educators to complete the survey at a convenient time for them. Weaknesses: Part-time faculty might be more likely to work full-time because of a positive mentorship. Including part-time participants would provide more data on how to increase the	fulfilling than a one-on-one relationship." Further research: A qualitative study on mentormentee perceptions that involve mentor-mentee dyads is recommended. "A comparison study on perceptions of mentoring effectiveness." A further study on a mentoring network model should be completed.
				positive mentorship. Including part-time participants would	

Gentry, J., & Johnson, K. (2019).Importance of and satisfaction with characteristic s of mentoring among nursing faculty. The Journal of Nursing Education, 58(10), 595-598. 10.3928/014 84834-20190923-07 Purpose Statement:
The purpose is "to
determine nursing
faculty perceptions
of the importance of
mentor
characteristics and a
mentoring
relationship, and the
level of satisfaction
with mentoring
within the nursing
education
profession."

Type of study design:

Cross-sectional design

Research Ouestions:

- "What characteristics of the mentoring relationship and role of the mentor are important to mentors and mentees who are nursing faculty?" - "What is the level of satisfaction of mentors and mentees who are nursing faculty with the mentoring relationship and role of the mentor?" - "Are there significant differences between senior nursing faculty and non senior nursing faculty in their satisfaction of the mentoring

Data collection:

Data collection included an online survey with data analysis utilizing descriptive statistics (central tendencies, standard deviation, and independent t test).

Strengths: Several email reminders were sent to participants. The online format allowed flexibility about when the participants could complete the survey.

Weaknesses:

Using an online format allows less ability for participants to fully express their thoughts.

Sample:

"61 nursing faculty teaching in baccalaureate programs or higher in midwestern state"

Recruitment Strategy:

Participants were recruited through the nursing contact information on the University of Arkansas website. Participants were emailed the survey.

Strengths:

There was a wide range of participants to choose from.

Weaknesses:

Faculty might simply ignore the email and consider it spam.
Only 61 of the 233 participants invited completed the survey.

Significance to research:

Trust and support were the main characteristics of a successful, high satisfaction mentoring program.

Implication to nurses:

More research on mentoring is needed to create mentoring programs that are effective and have a lasting impact on nurse educators.

Further research:

Further study should be completed on the elimination of barriers which prevent nurses from transitioning from a clinical to faculty role.

		relationship and role			
		of the mentor?"			
		of the mentor:			
		Independent			
		variables:			
		Mentoring			
		characteristics and			
		relationship			
		Dependent			
		Variables:			
		Satisfaction with			
		mentoring program			
Grassley, J. S.,	Purpose Statement:	Type of study	Data collection:	Sample:	Significance to Research:
Strohfus, P.	To gain "insight into	design:	5 databases: CINAHL,	12 qualitative studies	Meta-themes: Unprepared, No
K., &	easing [new nursing	Meta-synthesis	PsycINFO, PubMed,	leading to the	Longer An Expert, In Search of
Lambe, A.	faculty] transition		MEDLINE, and ProQuest	determination of 11	Mentoring, Beginning to Thrive
C. (2020).	and improving			themes and 4 meta-	
No longer	faculty retention."		Strengths:	themes	Themes:
expert: A			The articles used were		- "faculty role without formal
meta-			within 5 years of the meta-	Recruitment strategy:	education"
synthesis			synthesis's publication.	5 databases: CINAHL,	- "cultural change"
describing				PsycINFO, PubMed,	- "manage student encounters"
the			Weaknesses:	MEDLINE, and	- "being a novice again"
transition			Only 12 studies were	ProQuest	- "miss being an expert"
from			eligible for the study.		- "questioning and decision
clinician to				Another study included	making"
academic.				was from the reference	- "benefits of formal
Journal of				list of a study found via	mentoring"
Nursing				database.	- "supportive faculty
Education,					colleagues"

59(7), 366–374. https://doi.org/10.3928/01484834-20200617-03				Strengths: Quality assessment performed by 3 researchers Weaknesses: The approval by an institutional review board is unclear.	- "left alone to navigate faculty role" - "managing student feedback" - "gaining confidence as a teacher" Implication to nurses: "The expert clinicians often were unprepared for the demands of their faculty role and missed being experts. To begin to thrive, they needed orientation to the academic culture, intentional mentoring, and professional development in teaching and learning." Further research: "to identify and evaluate costeffective models that adequately prepare clinicians as teachers who can thrive in the academic setting"
Jeffers, S., &	Purpose Statement:	Type of study	Data collection:	Sample:	Significance to Research:
Mariani, B.	"The purpose of this	design:	Online Survey	1435 emails with the	"The quantitative data did not
(2017). The	mixed-method study	Descriptive,	MNCSS semantic	survey were sent to	demonstrate statistically
effect of a	was to explore the	comparative design;	differential scale to	potential participants.	significant differences in career
formal	influence of a formal	survey	measure results	252 surveys were	satisfaction or intent to stay,
mentoring	mentoring program			completed and returned.	responses to the open-ended
program on	on career	Independent	Strengths:	Only 124 surveys fully	questions were rich with
career	satisfaction of	Variable:	Open-ended questions	completed and met	commentary indicating the
satisfaction	novice full-time	Formal mentoring	were used to gain insight	inclusion criteria.	value of mentoring to the
and intent		program	into the experience of		participants."

to stay in	nurse faculty in		being a novice nurse	Recruitment strategy:	
the faculty	academia."	Dependent	faculty member.	Surveys were emailed to	Implication to nurses:
role for		Variable:		potential participants in	"Several participants described
novice		Career satisfaction	Weaknesses:	undergraduate and	feeling stress and anxiety due to
nurse			Surveys such as this where	graduate programs	lack of mentoring or negative
faculty.			participants chose answers	within the United States.	relationships with faculty
Nursing			based on a number scale		mentors. Faculty incivility,
Education			often results in participants	Strengths:	which has recently gained
Perspective			selecting random numbers.	The study did not limit	attention in the nursing
s, 38(1),				the survey to specific	literature (Clark, 2013; Peters,
18–22.				universities.	2014), may contribute to
https://doi.o					dissatisfaction with the nurse
rg/10.1097/				Weaknesses:	faculty role and poor retention
01.nep.0000				Only participants in the	of nurse faculty and potential
000000000				United States were used	leaders in academia."
104				in the study.	"Nurse faculty of all experience
				The response rate was	levels report feeling strain and
				only 17.6%.	demands on their time, and
					novice nurse faculty report lack
					of support, bullying, and
					workplace violence."
					Further research:
					Further research could include
					studying the qualities of an
					effective mentor.in addition to
					nursing workplace bullying and
					violence.

	Purpose Statement:	Type of study	Data collection:	Sample:	Significance to Research:
	The purpose is "to	design:	Nurse educators who	14 nurse educators; 7 in	"Funded doctoral and
Logan, P. A.,	explore and compare	Qualitative interview	worked full-time for 3-5	UK and 7 in Australia	postdoctoral positions should be
Gallimore,	the experiences of	study	year or held continuing		integral to the provision of

D., & Jordan, S. (2015). Transition from clinician to academic: An interview study of the experiences of UK and Australian Registered Nurses. Journal of Advanced Nursing, 72(3), 593– 604. https://doi.o rg/10.1111/j an.12848	nurses in Australia and the UK as they moved from clinical practice into higher education institutions."		contracts were considered for the study. 40-60 minute face-to-face or phone interviews were utilized. Strengths: The researchers confirmed data saturation via computer software. Transcripts were returned to the participants to ensure accuracy of the data collected. Weaknesses: Phone calls are more impersonal than face-to-face interviews, so data collected from phone calls may not have been as indepth when compared to data from face-to-face interviews.	Recruitment strategy: Invitations were sent via email to different nurse academia institutions. Strengths: Themes were objectively identified with Leximancer computer software. Weaknesses: Only two countries were studied.	undergraduate nursing programs to address the hiatus in research support identified and develop the next generation of academics as both researchers and teachers." Implication to Nurses: "More resources, including academic time, systems of support and mentorship are needed for nurses to progress to postdoctoral research and justify nursing's place amongst academic departments." Further research: More research is needed in the United Kingdom and Australia to support the need to establish nursing as a more research-based discipline.
Miner, L. A. (2019). Transition to nursing academia: A positive experience. The Journal	Purpose Statement: The purpose is "to identify the positive aspects of the transition experience in order to add to the scientific literature and to suggest	Type of study design: Qualitative, interviews	Data collection: Interviews with semi- structured questions Strengths: Open-ended questions	8 nurses who transitioned from clinical nursing to baccalaureate faculty were used for the study.	Formal mentoring and orientation programs will contribute to the positive experiences of the new nurse educator.

of Continuing Education in Nursing, 50(8), 349– 354. https://doi.o rg/10.3928/ 00220124- 20190717- 05	successful strategies for those moving from clinical nursing into academia."		Weaknesses: The self-reported data could be flawed due to the time between being a new nurse graduate and when the study was conducted. Selective memory could also play a role in flawed data.	Recruitment strategy: Purposeful sampling was used based on inclusion criteria. Strengths: The study included faculty with both master and doctoral degree education. Weaknesses: There were many limitations such as being within driving distance to the researcher, being able to speak English, and must not work at the same organization as the researcher. This resulted in a severe lack of diversity.	Implication to nurses: Nursing education programs should understand "the need to highlight the positive aspects of the professional role during the transition process of the novice nurse educator." Further research: Methods of increasing collaboration of other nursing faculty with new nurse faculty members should be researched.
Mokel, M. J., Behnke, L.	Purpose Statement: "The aim of this	Type of study design:	Data collection: A librarian searched	Sample: 15 articles	Significance to research: Multiple mentors for one
M.,	study was to search	Integrative review	PubMed, CINAHL	Dogweiter and Street-	mentee shows potential for
Gatewood, E., Mihaly,	the literature for best practices in		Complete (EBSCOhost), ERIC (Proquest), and	Recruitment Strategy: PubMed, CINAHL	stronger personal relationships and more information than just
L. K.,	mentoring		PsychINFO (EBSCOhost)	Complete, ERIC,	one mentor. However, this type
Newberry,	underrepresented		to gather articles. Google	PsycINFO, Google	of mentoring model requires
E. B.,	faculty."		scholar was also utilized as	Scholar	planning for "mentor training,
Lovence,	<i>y</i> -		a database.		18

K., Ro, K.,		Strengths: There was a	dedicated time for mentoring,
Bellflower,	All research team members	strong sample size from	and institutional support."
B. B., Tabi,	read the studies to gather	which to collect data.	
M., &	data and compiled		Implication to nurses:
Kuster, A.	information into a shared	Weaknesses:	"Mentoring models involving
(2021).	document.	Most articles focused on	junior faculty paired with
Mentoring		underrepresented	multiple mentors or a network
and support	Strengths:	individuals regarding	of mentors have increasingly
for	Multiple individuals	ethnicity. Only a few	been found to facilitate faculty
underrepres	screened the material.	articles focused on	development."
ented		women, males, LGTB+,	
nursing	Weaknesses:	and other minorities.	Further research:
faculty.	No objective process was		More research is needed on the
Nurse	used for analyzing data;		effectiveness of mentorship on
Educator,	human error		underrepresented faculty. Most
Publish			of the articles found focused on
Ahead of			ethnicity and not "on women,
Print.			male faculty, ethnic minority
https://doi.o			groups, LGBTQ+ populations,
rg/10.1097/			geographic locations, and
nne.000000			online versus face-to-face
000000108			faculty."
9			

Nowell, L.,	Purpose Statement:	Type of study	Data collection:	Sample:	Significance to Research:
Norris, J.	"The aim of this	design:	5 databases: MEDLINE,	34 studies	80.6% of mentees in the study
M., Mrklas,	study was to report	Mixed methods	CINAHL, EMBASE,		became mentors themselves due
K., &	on a mixed methods	systematic review	ERIC, PsycINFO	Recruitment strategy:	to their mentoring experience.
White, D.	systematic review		Grey literature	Inclusion and exclusion	
E. (2016).	that critically			criteria	Mentorship programs "created a
Mixed	examines the		Strengths:		strong positive and respectful
methods	evidence for		Two reviewers were both		culture and an environment of
systematic			trained on the data		social support."

review exploring mentorship outcomes in nursing academia. <i>Journal of Advanced Nursing</i> , 73(3), 527–544. https://doi.org/10.1111/j an.13152	mentorship in nursing academia."		collection process prior to full-text review. Weaknesses: The quality of the studies used was largely varied.	Strengths: Quality appraisal were tools utilized. Weaknesses: No additional reviewer was utilized for settling disagreements.	Implication to nurses: "The proposed framework for identifying behavioral, career, attitudinal, relational, and motivational outcomes related to mentorship may help guide the objectives and designs of future mentorship interventions and research in nursing academia." Further research: Further study should be done on the relationship between mentorship and career outcomes utilizing a "comparison group design." Research with a "multi-site design" would be beneficial.
Nowell, L., Norris, J. M., Mrklas, K., & White, D. E. (2017). A literature review of mentorship	Purpose Statement: "The purpose of this review is to identify published articles that (1) described models for mentoring programs for academic nurses, and (2) described the	Type of study design: Systematic literature review; narrative synthesis Articles I identified and then then screened. 3001 → 34 articles.	Data collection: "Program objectives and components were extracted and narratively synthesized to identify important patterns and themes across mentorship programs."	Sample: 34 articles describing 30 mentorship programs Recruitment Strategy: Five data bases were searched	Significance to research: Mentorship for nurses will look different in different settings, and there is no evidence to whether one approach is more effective than another.

programs in academic nursing. *Journal of Professiona l Nursing*, *33*(5), 334–344. https://doi.org/10.1016/j.profnurs.20 17.02.007

objectives and core components of these programs."

Types of mentor models: dyad, peer, group, online, distance, learning partnerships, highly relevant, and constellation models.

The components included:

- a) "Having a program director"
- b) "Orientation to the program"
- c) "Selective matching dyads"
- d) "Developing clear purpose and goals"
- e) "Frequent communicati on between mentors and mentees"

Strengths:

Several different methods of mentorship were covered in the articles including dyad, peer, group, distance, learning partnership, highly relevant, and constellation mentorship.

Electronic searches were performed through reliable, relevant databases.

Weaknesses:

The study was limited to published research.

(Medline, CINAHL, Embase, ERIC, and PsycINFO) Inclusion and exclusion criteria

Strengths: Several mentorship methods were available to review. Nine common components of mentorship programs in the 34 articles were identified and explained.

Weaknesses:

Most of the programs were vague in describing their action. There is limited published information on nurse educator mentorship when compared to other disciplines. There is inconsistency between "mentorship processes, outcome measures, and formal evaluations of mentorship components."

Implication to nurses:

The type of mentorship program available to nurses varies by setting. More research needs to be done and more mentorship programs initiated for more conclusive data.

Further research:

More research needs to be done on the pros and cons of mentorship programs to make sure resources are allocated efficiently and most effectively.

f) "Faculty		
development		
workshop"		
g) "Mentee		
reflection		
journaling"		
h) "Facilitation		
of		
socialization		
and		
networking		
opportunities		
,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,		
i) "Administrat		
ive support"		

	i) Administrat				
	ive support"				
Ortiz, Cristina.	Purpose Statement:	Type of study	Data collection:	Sample:	Significance to research:
(2021).	The purpose is to	design:	A demographic	The ten participants	Mentees felt that being
Mentoring	"examine the	Qualitative	questionnaire was created	were male and taught	vulnerable increased the
experiences	mentoring	descriptive research	by the researcher which	full-time, were teaching	perceived effectiveness of the
of male	experiences of male	design; semi-	began the interview. The	currently, or had	mentorship.
faculty in	nurses in academia"	structured interviews	semi-structured interviews	experience teaching.	
nursing			were audio-recorded. Field	The participants had	Mentees often benefited so
programs.			notes by the researcher	either formal or informal	much from their experience that
Nursing			were also used.	mentoring experiences.	they felt the need to "pay it
Education					forward" and become a mentor
Perspectives			Strengths:	Recruitment Strategy:	themselves.
, 42, 310-			Having face-to-face or	Emails were sent via an	
314.			audible interviews allow	electronic mailing list of	Lack of time, support, and
https://doi.o			more open responses that	the members of	commitment were detriments to
rg/10.1097/			could potentially be more	American Association	the mentoring relationship.
01.NEP.000			detailed.	of Men in Nursing.	

000000000 853		Weaknesses: Some potential participants may choose not to participate due to having a time conflict in their schedule.	Snowballing was also utilized. Strengths: Snowballing allowed more participants to be reached that were not attentive to the information distributed by the American Association of Men in Nursing. However, snowballing can decrease the objectivity of the data. Having some face-to-face interviews allowed for more personal, openended responses.	Implication to nurses: Informal mentors are often utilized even if formal mentoring programs are in place. It is very difficult to find male mentors due to the lack of male presence in nursing, especially academia. More must be done to promote men in nursing from informing high school students of the career choice to having more male nurses on television. Further research: Further study on underrepresented groups in nurse faculty should be performed to determine
			Weaknesses: As with other surveys distributed online, they are likely to be forgotten or considered spam. Purposive sampling may have limited representativeness.	commonalities and variances in mentorship experiences.

Shapiro, S.
(2018). An
exploration
of the
transition to
the full-time
faculty role
among
associate
degree
nurse
educators.
Nursing
Education
Perspective
s, 39(4),
215–220.
https://doi.o
rg/10.1097/
01.nep.0000
000000000
306

Purpose Statement: "The purpose of this study was to examine the challenges, adaptive strategies, and organizational structures related to the experience of the transition into the full-time faculty role among nurse educators in associate degree nursing (ADN) programs."

Type of study design: Qualitative

Data collection: Data continued to be gathered from interested participants beyond when data saturation was reached.

Face-to-face, phone, and video interviews "with semi-structured, openended questions" were used for data collection. Interviews generally lasted one hour and were recorded and transcribed.

Strengths:

The interview protocol was initially utilized for BSN educators; however, it was modified and field-tested before being used on ADN educators.

Weaknesses: The study protocol was previously used for BSN educators. The current study includes 14 ADN educators. However, it was field tested before being used for official research.

Sample:

Purposive sampling of 14 participants who taught ADN programs in Massachusetts and New Hampshire was used. Purposive sampling was utilized to choose educators with information most relevant to the study.

Recruitment Strategy: Purposive sampling

Strengths:

Previous studies on role transition for nurse educators only used nine participants. This study had 14 participants.

Weaknesses: Only female nurse educators were included in the sample.

Significance to research:

Five themes:

- a) "Difficulties"
 - b) "Learning the role"
- c) "Embracing the role"
- d) "The need for support"
- e) "Personal experience of confidence and love of teaching"

Implication to nurses:

Duties that should be included in the mentorship program include "opportunities to observe experienced educators teach, opportunities to be observed teaching followed by critique, and professional development and ongoing support related to test question writing."

It is essential for the mentorship programs to be "structured, formal, and comprehensive."

Further research: More research on ADN educator transition experience with more diverse participants should be performed.

Swanson, K. M., Larson, E. L., & Malone, B.	Purpose Statement: The purpose is to "describe mentors' perceptions of the	Type of study design: Survey, quantitative analysis	Data collection: An anonymous survey with 8 open-ended and 16 close-ended questions was used.	Sample: 51 mentors of junior faculty	Significance to Research: Roles of the mentee and mentor need to be established and agreed upon at the beginning of
(2017). Mentors' perspectives on supporting	purpose, processes, outcomes, and challenges of mentoring; self-	Independent Variable: Experience of mentor	Strengths: Open-ended questions allow for more detailed data collection.	Recruitment strategy: The survey was sent to primary mentors who were part of the Robert Wood Johnson	the relationship. Mutual trust resulted in increased satisfaction in the mentoring relationship.
nurse faculty scholars. Nursing Outlook, 65(3), 315– 323. https://doi.o rg/10.1016/j .outlook.201 7.01.006	ratings of effectiveness in performing aspects of the mentoring role; and overall ratings of the quality of their mentoring relationship and the likely contributions of their junior faculty fellow to academia and the profession, the body of knowledge related to health and healthcare, and mitigation of the nursing faculty shortage."	Dependent Variable: How they rate their effectiveness and mentorship relationship	Weaknesses: Only 59.3% of potential participants responded to the survey.	Foundation. Strengths: Anonymous Weaknesses: The sample does not include mentorship outside of the Robert Wood Johnson Foundation.	Implication to nurses: The relationship between mentor and mentee was found to be the key to success in the mentorship effort. Further research: A study should be performed on mentors and mentees not based in the same foundation.

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