

# A Müllerian mimicry ring in Appalachian millipedes

Paul E. Marek<sup>1</sup> and Jason E. Bond

Department of Biology, Howell Science Complex, East Carolina University, Greenville, NC 27858

Edited by May R. Berenbaum, University of Illinois at Urbana-Champaign, Urbana, IL, and approved April 10, 2009 (received for review October 17, 2008)

**Few biological phenomena provide such an elegant and straightforward example of evolution by natural selection as color mimicry among unrelated organisms. By mimicking the appearance of a heavily defended aposematic species, members of a second species gain protection from predators and, potentially, enhanced fitness. Mimicking a preexisting warning advertisement is economical because a potentially costly novel one can be avoided; simultaneously, the addition of more aposematic individuals enhances the overall warning effect. The better-known mimetic systems comprise tropical taxa, but here, we show a remarkable example of color mimicry in 7 species of blind, cyanide-generating millipedes endemic to the Appalachian Mountains of temperate North America. Because these millipedes lack eyes, there is no sexual selection or intraspecific signaling for coloration, providing an ideal system for mimicry studies. We document a Müllerian symbiosis where unrelated species vary in color and pattern over geographical space but appear identical where they co-occur. By using spectral color data, estimations of evolutionary history, and detailed field observations of species abundance, we test 4 predictions of Müllerian mimicry theory and begin to unravel the story of an elaborate mimetic diversification in the forests of Appalachia.**

aposematic | reflectance | Apheloriini | Diplopoda | *Brachoria*

**M**üllerian mimicry, a shared coloration system in which all participant species are defended (1), is the more commonly documented mimicry phenomenon. Batesian mimicry, in contrast, is a form where one species is undefended and the other is defended (2). Müllerian theory predicts mutualism between species and positive frequency dependence whereby “honest” warning signals (backed up by antipredation defense) are maximized to reinforce a shared signal (3, 4). Alternatively, Batesian mimicry predicts negative frequency dependence whereby an “honest” signal is copied by a “dishonest” signal. Batesian and Müllerian mimics in nature are exemplified by tropical Amazonian butterflies, which compose diverse and fantastically complex systems (1–4).

Apheloriine millipedes, endemic to the forests of temperate North America, are aposematic (i.e., their appearance signals to predators that they are unprofitable prey). Each individual can secrete 18-fold the amount of hydrogen cyanide necessary to kill pigeon-sized birds (5, 6). Cyanogenesis occurs in 2 internal glands—one secreting the stable precursor mandelonitrile, and the other secreting the enzyme hydroxynitrile lyase (7). Their admixture creates the cyanide, and the millipede opens a muscle-actuated valve to squirt it through lateral gland openings called ozopores. Apheloriine millipede aposematism involves a conspicuous display of color patterns that vary in hue, including yellow, red, orange, and pink (Fig. 1).

For more than 30 years, scientists have postulated that color mimicry occurs within communities of Apheloriini in the Appalachian Mountains of the eastern United States (8, 9). Extensive field observations by P.E.M. suggest that certain apheloriine millipedes constitute complex mimicry rings, where variable aposematic hues and patterns are shared among sympatric species. However, these hypotheses have never been formally tested within the context of a comparative evolutionary framework. Because all apheloriines produce cyanide, a Müllerian

mimetic system is considered to be operable in this millipede tribe in the Appalachian Mountains.

We report the discovery and evaluate the evolutionary dynamics of an intricate Müllerian mimicry complex among 7 apheloriine species endemic to the valleys and ridges of the Appalachian Mountains. Species in this group are differentiated by the structure of male genitalia. Color and pattern vary considerably within species, and co-occurring species often appear identical (Fig. 1). Some sympatric populations have up to 5 comimic species within an area less than 50 m<sup>2</sup> (video of mimicry community from site 1, Stone Mountain, Virginia; [Movie S1](#)). The evolutionary phenomenon of geographical covariation in color and pattern between apheloriine species parallels exemplary cases in butterfly species from the Amazon. This mimicry ring phenomenon in millipedes agrees with the theory of mimetic advergence that states a mimic species converges over evolutionary time with a preestablished, widespread, and variably colored model species (4).

Apheloriine millipedes are ideal models for studying aposematism and mimicry for several reasons. First, they are abundant and have high endemic species diversity; up to 43 individuals comprising 5 unique species can be found in a single 50-m<sup>2</sup> area. Second, apheloriines display extremely variable colors and patterns both within and between species. Third, there is no known diet–color correlation: all co-occurring species feed on decaying leaves of the same deciduous tree species (tulip-poplar, maple, and oak). Fourth, all apheloriines—indeed, the entire order Polydesmida—lack eyes. Thus, there is no sexual selection for coloration or any other intraspecific color signaling. Instead, coloration appears to be linked solely and directly to warning colors and mimicry. This is perhaps the most exciting aspect of using apheloriine millipedes as models to study aposematism. Their coloration provides a controlled and isolated view of warning signaling and mimetic resemblance. To study this mimetic symbiosis in millipedes, we investigated 7 species endemic to the Appalachian Mountains as a model system to test the following predictions of Müllerian mimicry: (i) species share the same aposematic signal, (ii) a shared signal is not attributable to close evolutionary relatedness, (iii) rarer species tend to mimic the most abundant and/or most highly defended model, and (iv) the mimicry varies geographically as a function of the model’s geographical variation in color pattern.

## Results

The study species are endemic to the mountainous confluence of Virginia, Kentucky, and Tennessee. We surveyed 2 species of *Apheloria* (*A. clade A* and *A. clade B*) and 5 species of *Brachoria* (*B. cedra*, *B. dentata*, *B. insolita*, *B. mendota*, and *B. species “n”*). Together, these comprise all of the region’s known apheloriines.

Author contributions: P.E.M. and J.E.B. designed research; P.E.M. performed research; P.E.M. analyzed data; and P.E.M. and J.E.B. wrote the paper.

The authors declare no conflict of interest.

This article is a PNAS Direct Submission.

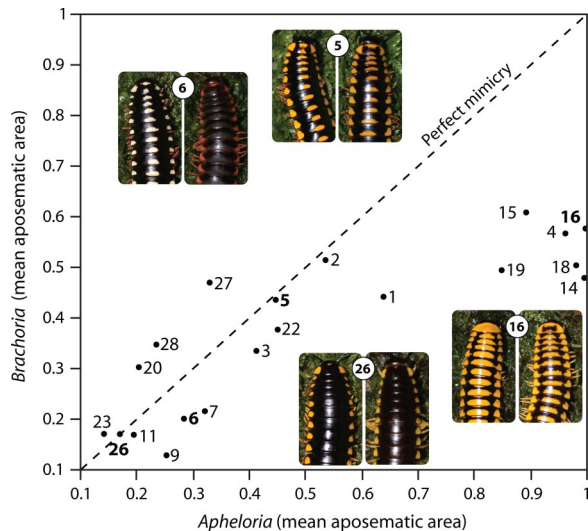
<sup>1</sup>To whom correspondence should be addressed at the present address: Center for Insect Science, Department of Entomology, Forbes Building, University of Arizona, Tucson, AZ 85721. E-mail: pmarek@email.arizona.edu.

This article contains supporting information online at [www.pnas.org/cgi/content/full/0810408106/DCSupplemental](http://www.pnas.org/cgi/content/full/0810408106/DCSupplemental).









**Fig. 3.** Congruence between model and mimic warning patterns by site. Mean aposematic area (area covered by aposematic pattern divided by total area of collum: the flat dorsal plate of the millipede's first segment) between models and mimics by site. The dashed line indicates theoretical one-to-one correspondence expected with perfect pattern mimicry. Four representative sites (5, 6, 16, 26) are shown with the model (*Apheloria*) in the left box and the mimic (*Brachoria*) in the right box.

Based on the assumption that a species mimics the most common species, we designate the ubiquitous *Apheloria* as the model and the rare *Brachoria* as the mimic.

To test prediction four—the mimic's signal varies across its distribution as a function of the model—we tested for a correlation in pattern between model and mimic species. Both color and pattern were similar locally; however, pattern varied across the geographical space of the mimicry ring more than color, which was generally a yellow-based coloration (Fig. 1). By using a photographic analysis, we measured the amount of warning coloration in models versus mimics and tested them for correlation. In a scenario of perfect mimicry, the fraction of the body covered with aposematic color (or the size of the color patches) is the same in the model and the mimic. In a scatter plot of model versus mimic patch coverage, the mimic's coverage was variable across the geographical space of the study sites. This variation in the mimic strongly corresponds to that in the models according to a positive linear relationship (Fig. 3, Spearman's  $\rho = 0.8797$ ,  $P < 0.0001$ ). Thus, the correspondence in pattern area indicates that the mimic's signal covaries as a function of a geographically variable model. However, the relationship is not the one-to-one correspondence expected with perfect pattern mimicry (Fig. 3, dashed line) because patch area is slightly less in *Brachoria* (mean, 0.4172) than *Apheloria* (mean, 0.4864), but not significantly less (2-sample Mann–Whitney test,  $P = 0.1593$ ).

Our analyses indicate that all 7 species have congruent phylogeographical patterns. Where they co-occur on Appalachian ridges and highlands, they display strong color and pattern similarity. *Apheloria* clade A, a widespread species with 6 color morphs that vary considerably across its phylogeny, appears to mimic each of the other species at no fewer than 2 localities (where it is often the most abundant). *B. cedra*, with 2 color morphs, and *B. dentata*, with 5 color morphs, mimic *A.* clade A and the remaining *Brachoria* species in at least one site. The other 4 species (*A.* clade B, *B. insolita*, *B. mendota*, and *B.* species "n") share a mimetic resemblance at fewer localities. *Apheloria* clade A and *B. dentata*, the 2 most widespread species with the greatest number of color morphs, display strong resemblance in color and pattern at 6 of their 7 shared sites.

## Discussion

The 7 apheloriine species studied constitute a ring complex of Müllerian mimics in the U.S. Appalachian Mountains, comparable with mimetic radiations from the tropics. Geographical concordance in color patterns of the unrelated species provides strong evidence for mimicry, which may otherwise be a result of random co-occurrence or ancestral polymorphism. At most sites tested for color differences (9 of 14 with  $>1$  species), mimetic resemblance occurred between species, predominately between the widespread model *Apheloria* and the narrowly endemic *Brachoria* species. Results of the phylogeographic and coalescent analyses indicate that those species with widespread distributions and larger  $\theta$ s evolved first, potentially shifting predator avoidance strategies from crypsis to aposematism, or from one aposematic signal to another. Based on the bright, multihue aposematic colors, species like *A.* clade A may have been responding to strong predation force from predators, like birds, with a foraging modality tuned to color and pattern signals. Millipede cuticle contains large quantities of calcium (14) and would thus be an ideal source for avian egg formation. The aposematic signal variation in *A.* clade A is probably older than that of its codistributed species and may reflect a selective regime involving components other than mimicry. Thereafter, coloration in *Brachoria* (species with smaller  $\theta$  and  $N_c$  values as well as geographical distributions) most likely evolved through mimetic advergence on aposematic signals of established, widespread species (4, 15, 16).

There are no empirical examples of mutualistic parity in Müllerian mimicry; i.e., where 2 defended species converge equilaterally toward a shared color pattern. Instead, in the majority of examined cases, 1 of 2 defended species evolved unilaterally toward a preestablished color pattern via mimetic advergence (4, 16). This is plausible because theoretical predictions of mimicry between defended species suggest that the less abundant species is favored (1), and one species must have acquired the mimicked aposematic signal first. It is only after advergence that mutualism and coevolution toward an ideal color pattern may transpire ("two-step" theory of Müllerian mimicry (17, 18)). In the multispecies mimicry ring of apheloriine millipedes, several species (up to 5 at site 1) co-occur, displaying a shared warning signal at a given site, and species abundance varies from a maximum in the common model (*A.* clade A) to a minimum in less common species (*Brachoria* species). These unequal abundances,  $\theta$ s, and distributions support mimetic advergence as the evolutionary mechanism generating the Müllerian ring pattern in these millipedes.

Several evolutionary processes, including (i) biotic drift, (ii) quasi-Batesian mimicry, and (iii) genetic drift (3, 19–21) have each been suggested as sources for the evolution of novel warning colors within Müllerian ring systems. Genetic drift provides the most likely explanation for color pattern diversity in apheloriine millipedes. On Stone Mountain in Virginia, sites 1 and 2 exhibited very high millipede densities and a remarkable variety of color patterns. We hypothesize that these sites provide evidence for the shifting balance model of color pattern diversity. They are consistent with observations from previous studies that invoke shifting balance to explain color variation in Müllerian mimics (3, 22). In a shifting balance scenario (23), mutation and genetic drift generate phenotypic variation upon which natural selection acts. Shifting balance would appear to be a nonsensical explanation for color pattern variation because an evolutionary "sieve" predicts an immediate elimination of new color morphs (3, 18). However, if strong purifying selection is temporarily relaxed, then color morphs can more thoroughly explore an adaptive landscape where an alternative aposematic pattern might be equally successful, if not more so, than a preexisting one. At sites with high densities of multiple species

and individuals (e.g., sites 1, 2, 20, 22, and 24), correspondingly high color and pattern variation occurred. In contrast, at sites with low densities, low color and pattern variation occurred. Several studies have suggested that strong selection, which would normally act to eliminate new color morphs, is relaxed at high densities (20, 22). Under these circumstances, a strongly positive, density-driven signal effect (density-dependent generalized avoidance, ref. 24; or another type of Allee effect refs. 25 and 26) may grant novel color morphs a higher likelihood of survival, enabling exploration of an adaptive landscape otherwise made inaccessible by purifying selection. At sites with low densities (e.g., site 4 with 9 individuals; images of sites are in Figs. S3–S8), we observed 1 morph of *A.* clade A and 1 morph of *B. mendota*—the model morph corresponded in pattern with the mimic morph. At sites with medium-high densities (e.g., site 20 with 20 individuals), we observed 2 model morphs of *A.* clade A and 3 mimic morphs of *B.* species “n”—the 2 model morphs corresponded in pattern with 2 of the 3 mimic morphs. Finally, at sites with high densities (e.g., site 2 with 30 individuals), we noted 3 model morphs in *A.* clade A, 2 in *B. insolita*, and 1 in both *B. cedra* and *Brachoria hoffmani*. Overall, there seems to be a positive correlation between density and color morph diversity, suggesting the same mode of color pattern generation in millipedes that occurs in *Heliconius* butterflies of Ecuador (22).

Every species co-occurred with and mimicked *A.* clade A in all but 2 locations, with *B. dentata* doing so in 6 of the 7 sites where they co-occurred. *Apheloria* clade A represents the single most probable model based on its (i) high frequency of mimetic interactions across the study region; (ii) high relative abundance ( $N_c$ ); (iv) large  $\theta$  and widespread distribution; and (iv) considerable geographical color variation. *Apheloria* clade A possesses several other qualities that are predicted for models in 1-sided divergent Müllerian mimicry (4): they are generally larger in body size, with larger warning spots (see prediction four), and are more gregarious in habit. At sites south of Powell Mountain, such as along Clinch Mountain (sites 6, 7, 8, 9, 12, and 13), red taillight color morphs in *B. mendota* predominated, whereas at sites north of Powell Mountain (sites 4, 5, 15, and 16), yellow morphs—caution, headlight, striped, and yellowjacket—were more common. Interestingly, in southern taillight sites south of Powell Mountain, *B. mendota* was not involved in mimetic resemblance (sites 6 and 7;  $K > 0.10$ ), but in northern yellow morph sites, where *A.* clade A occurred, *B. mendota* displayed a strong mimetic resemblance with it and co-occurring *Brachoria* species (sites 4, 5, 15, and 16;  $K < 0.05$ ). This pattern supports the role of *A.* clade A as the widespread model and potential nexus of a multispecies mimetic diversification. Where *B. mendota* overlapped geographically with *A.* clade A, so did their colors converge.

Species that are mimics in Müllerian rings are predicted to be “impressionistic” versions of the models (4). A model species is expected to be more conspicuous and larger, and to have a clearer pattern. Over evolutionary time, natural selection favors more accurate resemblance of a common and/or highly defended model. Our results from the pattern analysis are consistent with impressionistic mimicry. The mimics (*Brachoria*) have less aposematic area on average than the models (*Apheloria*). The observed correspondence in pattern area has a strong linear relationship, which is noticeably below the line indicated by a theoretical one-to-one correspondence for perfect pattern mimicry (Fig. 3). The largest pattern difference was at sites 4, 14, 15, 16, 18, 19, where models had a collum that was nearly filled with aposematic color, and therefore had a ratio approaching one (e.g., site 16, ratio 0.998 in models and 0.574 in mimics). The smallest difference occurred at sites 2, 5, and 26, where models had a collum with only a few small spots (e.g., site 5, ratio 0.448 in models and 0.434 in mimics; site 26, ratio 0.171 in models and 0.168 in mimics). These results suggest that impressionistic

resemblance is stronger when the model’s aposematic signal consists of a smaller area (sites 2, 5, and 26).

## Conclusions

We document a remarkable example of a Müllerian mimicry ring in millipedes from the Appalachian Mountains. We satisfied 4 predictions of Müllerian theory through analyses of genetic, population, and spectral color data within a statistical and evolutionary context. By using a phylogeographic approach, we recovered a significant association of genetic groups with geographical boundaries. We note that many of these areas contain geographically and genetically independent populations of several sympatric and unrelated species. Through careful documentation of distribution, genetic isolation, and coloration and pattern, we have a biologically relevant approach for testing a correlation of pattern and color between sympatric species and their geographical distributions. We recovered consistent statistical evidence of mimetic resemblance by using spectral color data and recovered differences (aggregate color pattern differences,  $K$ ) much smaller at sites with mimicry than without. Aposematic patterns vary drastically in apheloriine species distributions in the Appalachians; however, patterns are similar locally (coupled by mimetic resemblance), and as a result are tightly correlated across geographical scale. These patterns of color similarity are highly consistent with mimetic advergence between narrowly endemic mimic species in the genus *Brachoria* and a widespread and abundant model species in the genus *Apheloria*. Our apheloriine data provide the unique opportunity to test the predictions of Müllerian mimicry theory—one of the first mathematical models of natural selection, first described more than a century ago (1).

## Materials and Methods

**Phylogeographic Analyses.** The genetic datasets for the 7 species allowed us to test for consistent geographical breaks and patterns across multiple codistributed species lineages. Because we collected populations by using random field sampling, haplotype frequencies are biologically relevant and appropriate for conducting nested clade analysis (NCA) (10). NCA tests for a significant association between haplotypes and geography, and it provides a framework to infer demographic processes. Of the 17 significant inferences drawn, 8 were restricted gene flow with isolation by distance (IBD), and 4 involved allopatric fragmentation. In many of the species, a large number of IBD inferences (5 of 8) were coincident with clade distributions superimposed along the linear mountain ridges (Wallen, Powell, and Clinch). Inferences favoring allopatric fragmentation were often recovered between distant clades and between those on opposite slopes of a large mountain (e.g., Cumberland Mountain).

**Prediction One: Test of a Shared Aposematic Signal.** We measured millipede color pattern reflectance  $R(\lambda)$  by using a USB4000-VIS-NIR fiber optic spectrometer (blazed at 500 nm) attached to an LS-1 tungsten halogen light source with a QR400-7-VIS-NIR bifurcated probe (Ocean Optics). Habitat irradiance  $I(\lambda)$  was measured by using a radiometrically calibrated spectrometer and a QP600-2-UV-VIS irradiance probe connected to a CC-3 cosine-corrected filter. Radiance  $Q(\lambda)$  is the photon flux by wavelength arriving at a viewer’s eye (e.g., a predator) reflected from a color patch  $R(\lambda)$  in an ambient light environment  $I(\lambda)$ . Radiance was calculated as the product of reflectance and irradiance by using the assumption that the color surface of the millipede diffusely reflects ambient light over a solid angle of  $2\pi$  steradians ( $180^\circ$ ) and that the receiver has a hemispherical field of view. We analyzed color radiance spectra  $Q(\lambda)$  by using the segment classification method where spectra are divided into wavelength segments (between 400 and 700 nm) that have variable probabilities of exciting different photoreceptor classes in a vertebrate predator (27). This method examines the inherent physical properties of color spectra and does not process the data according to a species-specific perspective (e.g., according to a bird’s-eye view), because apheloriine predators have not been precisely identified. Then, by using the segmented radiance spectra, we tested hypothesized cases of mimetic resemblance with a quantitative, repeatable method of comparing animal color patterns. We used LAD-MRPP, the least absolute difference regression and multirange permutation probability test (11), to test for aggregate differences between entire animal color patterns between mimic species at a site. It is based on a nonparametric multivariate



