**University and Medical Center Institutional Review Board**
East Carolina University • Brody School of Medicine
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Office **252-744-2914** • Fax **252-744-2284** • **www.ecu.edu/irb**
Chair and Director of Biomedical IRB: L. Wiley Nifong, MD
Chair and Director of Behavioral and Social Science IRB: Susan L. McCammon, PhD

TO: Ryan Moynahan, Student
Department of Recreation & Leisure Services
1806 East First Street, Apt. F5
Greenville, NC 27858

FROM UMCIRB

DATE: September 2, 2009

RE: Human Research Activities Determined to Meet Exempt Criteria

TITLE: "Young Adult Wellness Outcomes Associated with Action Sports"

**UMCIRB #09-0642**

This research study has undergone IRB review on 09.01.2009. It is the determination of the IRB Chairperson (or designee) that these activities meet the criteria set forth in the federal regulations for exemption from 45 CFR 46 Subpart A. This human research activity meets the criteria for an exempt status because it involves the use of survey procedures. The Chairperson (or designee) deemed this **unfunded** study **no more than minimal risk.** This research study does not require any additional interaction with the UMCIRB unless there are proposed changes to this study. Any changes must be submitted to the UMCIRB for review prior to implementation to allow determination that proposed changes do not impact the activities eligibility for exempt status. Should it found that a proposed change does require more substantive review, you will be notified in writing within five business days.

The following items were reviewed in determination exempt certification:
- Internal Processing Form – Exempt Application (dated 08.25.2009)
- Cover Information Sheet (containing elements of consent) (rec. 08.27.2009)
- Salutogenic Wellness Promotion Scale (SWPS)
- Young Adult Version and sports Questionnaire

It was furthermore determined that the reviewer does not have a potential for conflict of interest on this study.

**The UMCIRB applies 45 CFR 46, Subparts A-D, to all research reviewed by the UMCIRB regardless of the funding source. 21 CFR 50 and 21 CFR 56 are applied to all research studies that fall under the purview of Food and Drug Administration regulations. The UMCIRB follows applicable International Conference on Harmonisation Good Clinical Practice guidelines.**