

LGBTQ Belongingness Attainment Scale

Instructions: Read each statement carefully. Note that LGBTQ is an acronym used when referring to lesbian, gay, bisexual, transgender, and queer individuals and community. Respond by circling the number that best indicates how you feel about each statement. Only circle one number for each of your responses. The responses for each statement are as follows:

1 = Strongly Disagree

4 = Somewhat Agree

2 = Disagree

5 = Agree

3 = Somewhat Disagree

6 = Strongly Agree

1. You feel the problems and challenges of the LGBTQ community have an impact on you.	1	2	3	4	5	6
2. You enjoy socializing with other LGBTQ individuals.	1	2	3	4	5	6
3. You feel emotionally supported by a close friend or companion.	1	2	3	4	5	6
4. It is important for you to feel that you support the LGBTQ community in some manner.	1	2	3	4	5	6
5. It is important for you to develop a social network with other LGBTQ individuals.	1	2	3	4	5	6
6. You have a close friend or companion who you interact with on a regular basis.	1	2	3	4	5	6
7. You are proud to be a part of the LGBTQ community.	1	2	3	4	5	6
8. You feel a sense of togetherness when you are with other LGBTQ individuals.	1	2	3	4	5	6
9. You have a close friend or companion who understands you.	1	2	3	4	5	6
10. Participating in LGBTQ community events and activities is a positive experience for you.	1	2	3	4	5	6
11. You feel a common bond with other LGBTQ individuals.	1	2	3	4	5	6
12. You have a close friend or companion who you can discuss your problems with.	1	2	3	4	5	6
13. You feel a sense of connectedness to the LGBTQ community.	1	2	3	4	5	6
14. You feel more at ease when you are around other lesbian, gay, bisexual, and/or transgender individuals.	1	2	3	4	5	6
15. You have a close friend or companion who cares about you.	1	2	3	4	5	6
16. It is important for you to participate in LGBTQ community events and activities.	1	2	3	4	5	6
17. You feel a sense of acceptance when you are with other LGBTQ individuals.	1	2	3	4	5	6
18. You have a close friend or companion who accepts you.	1	2	3	4	5	6
Calculate score by adding the numbers that were circled:	Total Score =					